

ACALANES WRESTLING
2025-2026 Valley Conference Schedule

<u>Day</u>	<u>Date</u>	<u>Opponent/Event</u>	<u>Location</u>	<u>Time</u>
Sat	Nov 22	Berkeley Novice Tournament	Berkeley	all day
Sat	Dec 6	Jim Lanterman Classic	Vintage	all day
Sat	Dec 6	Albany Girls Invitational	Albany	all day
Sat	Dec 6	Colt JV Boys Classic	James Logan	all day
Sat	Dec 13	Bay Area Invitational	Castro Valley	all day
Sat	Dec 13	San Leandro Girls Invitational	San Leandro	all day
Sat	Dec 13	Foothill JV Tournament	Foothill	all day
Sat	Dec 20	Bill Martell Invitational	Northgate	all day
Sat	Dec 20	Castro Valley Girls Invitational	Castro Valley	all day
Sat	Dec 20	Ygnacio Valley JV Tournament	Ygnacio Valley	all day
Fri	Jan 2	Girls Contest of Champions	Concord	all day
Sat	Jan 3	Boys Contest of Champions	Concord	all day
Thu	Jan 8	Mt. Diablo & Ygnacio Valley	Acalanes	5:00
Fri,Sat	Jan 9,10	Napa Valley Girls Classic	Vintage	all day
Sat	Jan 10	Kermit Bankson Invitational	Albany	all day
Sat	Jan 10	Red Devil JV Classic	Mt. Diablo	all day
Wed	Jan 14	Berean Christian	Mt. Diablo	5:00
Sat	Jan 17	San Ramon Valley Invitational	San Ramon Valley	all day
Sat	Jan 17	Lady Grizzly Classic	San Lorenzo	all day
Thu	Jan 22	Concord & Miramonte	Concord	5:00
Sat	Jan 24	Goddess of the Vine	Clayton Valley Charter	all day
Sat	Jan 24	Castro Valley JV Tournament	Castro Valley	all day
Tue	Jan 27	Campolindo	Campolindo	6:00
Sat	Jan 31	NCS Dual Meet Championships	Lower Lake HS	TBA
Sat	Feb 7	DAL Championships	Acalanes	TBA
Fri,Sat	Feb 13,14	NCS Divisional Championships	Benicia	TBA
Fri,Sat	Feb 20,21	NCS Championships	James Logan	TBA
Thu-Sat	Feb 26-28	CIF Championships	Mechanics Bank Arena, Bakersfield	TBA

Varsity Head Coach	Steve Nelsen	Principal	Eric Shawn
Assistant Coaches	Charles Bernal	Athletic Director	Randy Takahashi
	Blake Hedlund	School Phone	925-280-3970
	Jeff Bettiga		
	Cliff Olson		

First practice day Monday, November 3.
Practice schedule Monday through Friday. 5:00 to 7:30.